

The Advantage in Business with Bipolar Illness

Entrepreneurs with high energy and intelligence are most likely to succeed. Both of these traits are inherent with people who suffer with bipolar illness. The downside however is irrational and risky behavior. Many of the traits also include stress, sleep deprivation and a significant amount of unpredictability. In my case, I always wanted to be my own boss with very little restrictions as to when and how I was to conduct my business dealings, which is typical with an entrepreneur showing signs of bipolar illness. Conversely, my illness allowed me to be innovative and enterprising most of the time. I flourished in my business when I had flexible hours that accommodated my mood episodes, which allowed me the luxury of being resourceful. It has been shown that people with bipolar illness have greater success in business than individuals who are reluctant in having excitement in their profession and prefer a nine to five job. Some would categorize these individuals as being just regular people.

With my own experience having bipolar, I have always possessed creativity, and ambitiousness to tackle big goals. Studies have shown that many CEOs in this country possess traits of bipolar illness. Some of my insufficiencies in having bipolar illness was having funding crises, keeping good help and remaining focused with any one project. So, as you can see, there are also disadvantages that accompany people in business with bipolar illness. I have in the past taken unnecessary risk that I now regret. Knowing this, I made sure that I was surrounded by the right people who would advise and assist me in making decisions that were best for me and my company. It takes patience and careful assessments to make the proper decisions to ensure success, and that must be necessary for all entrepreneurs to succeed. My major concern was that I was going to burn out, and that is what exactly happened. Luckily, I had someone in my family to pick up the pieces and continue the forward progress that was needed for the company to succeed.

During the turbulent times as the CEO of my company, I did get psychiatric help and was put on medication. However, I had not surrendered to the illness and once again began to spiral downward causing many who I worked with showed signs of distrust and unpredictability. I wish I had realized that what made me successful could have also contributed to my demise. In short, my journey ended on a good note. The business remains to be a successful and thanks to my dedicated son and wife I am realizing a healthy and stress-free retirement. I hope some of what I experienced and shared with you will be helpful in your pursuit for success and happiness not only in your personal life, but in your endeavors.

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